Jewell's Home Remedies

Sore Throat

Blackberry leaves for sore throat. Pick leaves, wash. Pour boiling water over leaves and let steep. Cool. Gargle with liquid.

Chest cold

Mustard plaster. Crush mustard seeds and mix with lard. Place on cloth and secure to chest.

For Worms

Place head of garlic in clean white cloth and crush squeeze out juice. Put juice on a little sugar in teaspoon and swallow.

For Headache

Scrape potato and place on paper bag and put on forehead. Secure with rag or scarf.

Earache

Smoke from a pipe blown in ear.

Juice scraped from a cabbage stalk, pour in ear.

Drop a few drops of warm sweet oil in ear.

For Constipation

Teaspoon of castor oil. Swallow if you can.

A teaspoon of Epson Salts in a glass of water. Drink.

Black Draught according to direction on bottle.

For babies Fletchers Castoria.

To Cleanse Body

A tablespoon of sulpher in syrup in spring. Don't get wet if you do your teeth will fall out.

For Whooping Cough

Drink mares milk. When we had whooping cough dad went to Penland farm and milked a mare and we drank the milk. Horehound candy is good for whooping cough. Mom had horehound plants she made a tea from plants and added sugar and made candy.

For Rickets

Cod Liver take according to directions on bottle.

For Diarrhea

A saucer full of white lightening, light on fire to burn off alcohol. Drink.

Paregoric.

For Gas

A small amount of soda on a teaspoon in a small amount of water. Drink.

Sore Throat

Swap with turpentine.

Gargle with Warm salt water.

For Stomach

Make tea from Gall of the Earth drink a small amount. Gall of the Earth is a plant that has a big bulge on the plant and a bitter root. Wash root and boil a short time to make tea.

Swelling of Legs

Make a tea from chestnut leaves. Drink a small amount at a time.

For Congestion

Place Pinetro or Vicks salve in bucket of hot water. Cover with blanket and breathe the steam.

For Colic

Tie an Asafitia bag around neck. If you can stand the smell it will probably cure the colic.

Paregoric for babies and kids.

Rub warm Castor Oil around baby's navel.

Female Problems

Make tea from Witchhazel, Drink a small amount.

Bee Sting

Rub snuff on place stung.

Backache

Three drops of turpentine on teaspoon of sugar.

Muscle Aches and Pains

Turpentine, Camphor Gum mixed with whiskey, Watkins Liniment, British Oil. Rub on aching muscles.

To Clean Wounds

Use clean white rag and rub Turpentine, Lamp Oil (Kerosene) on wound.

Poke Salit

Mom made us eat three messes of poke salit every spring. It was supposed to keep us from catching any kind of disease.

For Burns

Linseed oil was used for burns. Rub the oil on the burn.

A paste of soda and lard will stop the pain. This is what mom did when I pulled the coffee pot off the table and poured the coffee on my hand.

Sore Eyes

Wash out with Yellow Root tea. Yellow Root grows on creek banks.

For Colds

Make a tea from rabbit tobacco.

Babies with Hives

Make tea from fodder. Fodder is the blades of corn that has been dried in the sun. It is also used for feeding the animals in winter.

Ground Ivy Tea. This is a ground cover that grows in the mountains.

Alder Burrs were used for hives. Gather the brown burrs and make a tea.

Bloody Flux (Diarrhea)

Dig Goldenrod clean roots and make tea.

Caned blackberry juice is also good; or use blackberry root to make tea. Wash root and cover with boiling water and steep for 10 or 15 mines.

Catnip

Make a tea from catnip given to babies to make them sleep.

Nail in foot

Get wool rag place in bucket and set on fire. Make the rag smolder so there will be a good smoke, hold foot over smoke for a while.

Nose Bleed

Verse in bible, read Ezekiel Chapter 16 Verse 6.

Baby Teething

Rabbit Foot around neck.

Warts

Rub with a dirty dishrag; hide the dishrag where nobody can find.

Female Nerves

Lady Slipper tea. Don't know which part of the plant that was used. Just remember hearing mom saying that was what was used.

Croup

Save The Baby, rub on chest.

Cramps in Legs

Quinine Place 2 or3 drops on teaspoon of sugar and swallow.

Female Cramps

Cardui

Making Kraut

Gather cabbage clean and wash. Chop either fine or large. If making in a crock cover with a salty brine. (Salt brine 2 tablespoons salt to 1 quart water). Place a clean cloth and stone on top of cabbage so cabbage will be under brine. Place in a cool dark place. Should be ready to place in jars and seal in about 2 weeks.

If putting in quart jar 1 (one) tablespoon salt cover with boiling water, place lids on jars. The kraut will bubble and there will be a run off. When run off stops kraut is made. Clean off jars and reseal jars. Place in a cool dark place until ready to eat.

Note:

Don't make kraut when signs are in secrets or bowels, kraut will rot.

Mrs. Etta Ballew said make kraut when signs in legs and new moon.

Mrs. Sarah Key said make kraut when moon is full.

Note:

Pickle Beans and corn can be made the same way as Sour kraut.

Planting Irish Potatoes

Plant potatoes in dark nights when signs are down in legs or feet.

Making Hair Curlers

Cut strips of metal from Prince Albert Tobacco Cans wrap strips in paper then roll hair.

Planting Corn

Don't plant corn when moon is full. Corn will grow tall.

Cold winter

Will be a cold winter if hornets build their nest close to ground.

Snow

If snow stays on ground for three days waiting on another snow.

Whipperwill & Katydids

Three months until winter after you hear the first Whipperwill and Katydids.

Ruling Days for Year

Ruling Days start the 26th day of December and go to the 6th day of January.

December the 26th rule January whatever the weather is on that day the month of January is supposed to have weather the same all month. Same for all the other ruling days.

Whit Sunday

If it rain on Whit Sunday will have rain during summer. If no rain summer will be dry.

Dog Days

Granny Miller always said Dog Days started the 28th day of July and ended the 05th day of September. Said if it rained one of the first, three days of dog days would have rain the rest of the summer if no rain it would be dry.

Warnings

Red clouds in morning shepherds warning that meant bad weather. Red clouds at night shepherds delight that meant good weather.

How to Smoke Apples

1 teaspoon sulpher to (1) pound of apples

Wrap sulpher in paper and place in iron pan in wooden barrel.

Hang the fruit in a basket from a crosspiece that has been placed on top of barrel.

Light the paper which contains the sulpher and cover the barrel.

Leave the fruit for about 20 minutes.

How to make Hominy

Put corn in container, cover with water. Bring to boil. Add some soda not too much at first, you can add more soda if needed. Don't fill the container to full of corn. Corn will swell.

Note:

Don't cook in an aluminum Pan. Cook in iron pan or Dutch oven.

Balm of Gileard and Mutton Tallow Salve

6 Balm of Gileard buds

2 tablespoons mutton tallow

Heat in a pan buds and tallow, mash buds while cooling.

Strain mixture before completely cool.

Put in jars. Salve will last for years and will stay clear.

This salve was use for sprains, cuts and bruises. External Use only.

Jewell Dotson's Salve

Balm of Gileard

St. Johnwort

Heart Leaves

Wild Alum

Black Haw

Jimpson Weed

Witchhazel

Lobellia

Wash a handful of ingredients. Put in a pot cover with water. Boil. Strain liquid mixture. Mix liquid with Crisco and cook until liquid is evaporated. Be careful, do not burn when cooking. Don't leave while cooking. Will catch the house on fire like Jewell did one time.

Don't ask me to find any of these herbs. Mom never taught us what any of the herbs were.

This salve can be used for several different ailments. To be used externally.